



# hawaiian style breakfast bun

portion size:  
1 sandwich

Ingredients	50 Servings		100 Servings		Directions
	Measure	Weight	Measure	Weight	
Whole wheat roll, 2 oz. or whole wheat hamburger bun, 4"	25 ea.		50 ea.		1. Preheat oven to 350°F. 2. Open rolls and lay out tops and bottoms flat on sheet pan. Use ½ roll for each serving. 3. Fold turkey ham slices in half and place 2 slices on each roll (half). 4. Place 1 slice of pineapple on top of ham. 5. Top with one .5 oz. slice of cheese. 6. Place in oven and bake until ham is hot and cheese melts, about 10 minutes. Serve hot or hold at 140°F. until service.
Sliced Turkey Ham, .51 oz., #2565 or 2565-21, thawed		3 lbs. 2 oz.		6 lbs. 4 oz.	
Sliced pineapple, canned	50 slices		100 slices		
Cheese, Swiss or mozzarella .5 oz., sliced		1 lb. 10 oz.		3 lbs. 4 oz.	

- 1 serving provides 1 oz. meat/meat alternate, 1 serving bread grain and ⅔ cup of fruit.

For preparation by a food preparation establishment only, according to the food code or equivalent.

Nutrients Per Serving					
Calories	164 cal	Trans Fat	0 g	Carbohydrates	15.32 g
Fat	6.89 g	Cholesterol	33.58 mg	Dietary Fiber	1.12 g
Saturated Fat	3.42 g	Sodium	303.58 mg	Protein	11.04 g